



UNIVERSITY HEALTH SERVICES

Orientation 2024



Hours of Operation & Location

- Monday through Friday
- Appointments available 8:00AM – 4:00PM
 - Appointment-based system
 - Appointments can be scheduled online, by phone, or in-person
 - Staffing available until 5:00PM
- Located at the Mary B. Coburn Health & Wellness Center



Healthcare Transition: *Dependent to Independent*

- Accessing the System
 - When to schedule an appointment
 - How to schedule an appointment
 - Getting there on time
 - Referrals
 - Patient-provider communication
 - Pertinent medical history
 - Allergies
- Insurance
 - Deductibles, co-pays
 - Insurance cards
 - Medical, pharmacy
- Pharmacy and Laboratory Services
 - Where to go
 - Additional Co-pays
- Following Treatment Regimen
 - Taking Medications as prescribed
 - Adhering to rest/activity restrictions, etc.



Disclosure of Personal Health Information

- **MUST have [disclosure form](#) signed by student**
 - **Exceptions:**
 - Minors under the age of 18
 - Life-threatening emergencies
 - Student may rescind/modify disclosure form at any time
- **Student may rescind/modify disclosure form at any time**
- **Maintain open channel of communication with your student**



University Health Services, Florida State University
960 Learning Way
Tallahassee, FL 32306-4178
(850) 644-3608
Fax: (850) 644-8958

Patient Disclosure Authorization

Student's Name (Printed) _____
Last First MI FSUSN / emplID Date of Birth

Emergency Contact Name _____ Relationship to Patient _____

Address _____ Phone (_____) _____

Do you want your treatment at University Health Services (UHS) discussed with this person? Yes _____ No _____

The staff members of UHS consider all patient information confidential. Please list all individuals with whom we may discuss your medical condition, test results, and/or treatment plan.

YOU MAY DISCUSS MY TREATMENT AT UHS WITH:


Note: Accepted relationship include immediate family members such as, mother, father, spouse, and children. The Health Center will not honor disclosure for discussion of medical conditions, test results, and/or treatment plans to departments on campus or relationships other than those stated without proper medical release forms on file.

1. _____ Relationship _____
2. _____ Relationship _____
3. _____ Relationship _____


Consent to Treat for Minors

- If the student is under 18, a parent/guardian must sign the “Authorization For Care of Students Under Age 18” statement on the [FSU Immunization Form](#)





FLORIDA STATE UNIVERSITY
Immunization Form



Part A- Print or type. Illegible form will not be processed

LAST NAME: _____ FIRST NAME: _____ DOB: _____

EMPLID: _____ EMAIL: _____ PRIMARY PHONE#: _____

1. Please list any relevant personal and family medical history:
Do you have any allergies (including Medications): No ☐ Yes ☐ Please list if yes: _____

REQUIRED AUTHORIZATIONS FOR CARE FOR STUDENTS UNDER THE AGE OF 18: I authorize health center personnel to provide medical and surgical care including examinations, treatment, immunizations and the like for my son/daughter. In the event of serious disease or injury, I understand that all reasonable efforts will be made to contact me but failure to contact will not prevent emergency treatment if necessary to preserve life or health.

2. Signature: _____ Date: _____

Measles, Mumps, Rubella (Required) 2 doses of vaccine OR a blood test showing immunity	Dose 1 _____ MM / DD / YR	Dose 2 _____ MM / DD / YR
*Hepatitis B (Required or Complete Section 6) 3 doses of vaccine OR a blood test showing immunity	Dose 1 _____ MM / DD / YR	Dose 2 _____ MM / DD / YR
	Dose 3 _____ MM / DD / YR	
*Meningococcal Meningitis Serogroups (Required or Complete Section 6) 1 dose since age 16. (such as Menactra, Menvevax, Menomune, MCV4, Menveo, and ACYW-135)	Dose 1 _____ MM / DD / YR	Dose 2 _____ MM / DD / YR

3. ***Waiver information:** I have received the required information regarding the risk of acquiring Meningococcal Meningitis and Hepatitis B and the benefits of receiving immunizations to reduce those risks. I also understand that I am required to receive these immunizations or to actively decline the immunizations by checking the boxes and signing below. I understand that I may decline either or both immunizations and that declining these vaccines now does not mean I may not receive them in the future.

4. ☐ Meningitis Waiver ☐ Hepatitis B Waiver Patient Signature: _____ Date: _____

Meningitis B (Optional) Please circle type of vaccine (Bexsero or Trumenba)

Meningitis B Dose 1 _____ MM / DD / YR	Meningitis B Dose 2 _____ MM / DD / YR	Meningitis B Dose 3 _____ MM / DD / YR
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5. **Tetanus-Diphtheria and Pertussis (Tdap) (Optional) (Required for NCAA Athletes)**
Incoming students should have one Tdap booster at 11 years of age or older.

6. Tdap _____
MM / DD / YR

7. **Tetanus-Diphtheria (Td) (Optional)**

8. Td _____
MM / DD / YR

This section to be completed by your healthcare provider

Authorization and additional comments:
The immunizations dates and any statement of contraindications to immunizations entered on this document are, as of the date signed, verified by my signature below. Additional comments: _____

9. Clinician OR Records Custodian Name _____

10. Clinician OR Records Custodian Signature _____ DATE _____ OFFICE STAMP _____

Once Completed: You may submit this form to the Health Compliance Office in one of the following ways:
Email: healthcompliance@fsu.edu Please be aware that email sent over the Internet is not considered secure. FSU shall not liable for any breach of confidentiality resulting from this form of communication.
Fax: 850-644-8958
Mail: 960 Learning Way, Tallahassee, FL 32306-4178
FSU Dropbox: <https://dropbox.fsu.edu>
In person: You may also drop off your forms in person to the Health Compliance office at UHS during regular business hours <http://uhs.fsu.edu/about/contact-us> at 960 Learning Way.
 Rev 2/18

Returning Patients Can Access the PATIENT PORTAL

Get lab results



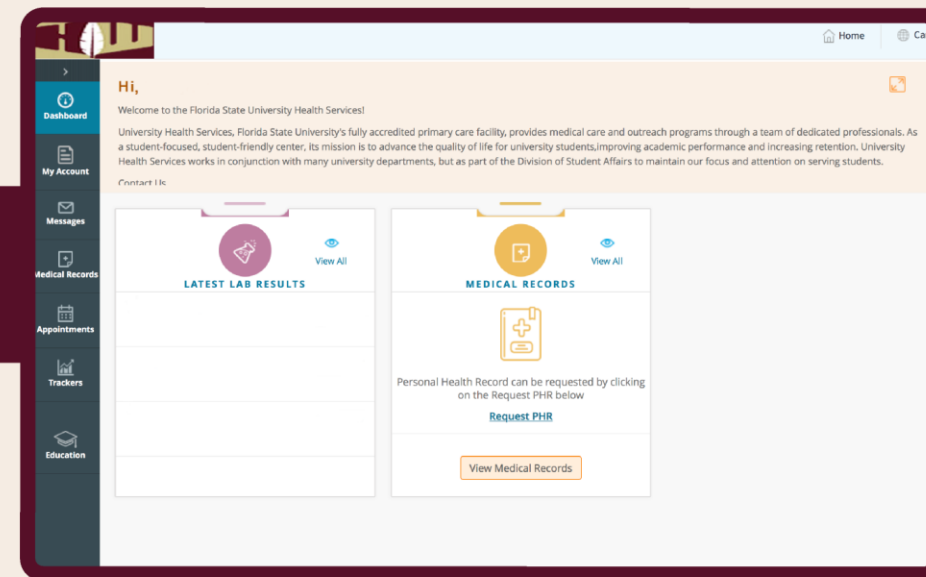
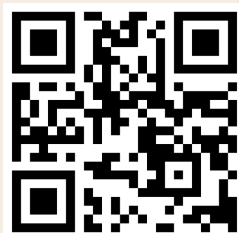
Request medication refills



Communicate with us



View current, future and
past appointments



Online Scheduling

All patients will be web-enabled at the time of their first visit to University Health Services.



Healthcare Services

Appointments available for:



- Well and preventative physicals (athletic, band, women's annual exams)
- Diagnostic Imaging (x-rays, ultrasounds)
- Immunizations
- Allergy Injections
- Acute illness and injury
- Lab Services
- Routine follow-ups and chronic medical care
- Mental Health follow-ups
- Medication Refills

Additional Specialty & Virtual Services:

- Physical Therapy
- Rapid HIV testing
- Nutrition Consultation
- Wellness Coaching
- Virtual Services (Telehealth)
 - RN Telephone Triage
 - Mental health follow-ups
 - Acute illness and injury that is amenable to telemedicine



Community Partners



University Health Services is pleased to offer expanded specialty services to FSU students. Specialty services include chiropractic care through Wellness Sport & Spine, dental care with Morgan Dental Associates, and lab services through Quest Diagnostics. These services are all available within UHS and bill for their services separately from UHS.

Chronic Conditions & Special Circumstances

➤ Major life transition

- Relocation
- Expanded social opportunities
- Increased academic stress

➤ Stable vs. unstable

- Life-work-play balance
- Self-monitoring
- Coping skills

➤ Specialty Providers

- Maintain vs re-establish care

➤ Context of Care

- Send pertinent records ahead of time
- Treatment summary letter

➤ Medic alert bracelets

- Anaphylaxis, Diabetes Mellitus, etc.



After-hours System of Care

uhs.fsu.edu/health-care/after-hours-care



Talk to a doctor or therapist by phone or video with [HealthiestYou](#).

HealthiestYou provides 24/7 access to doctors and mental healthcare.

Download the App – [iOS](#) – [Google Play](#)

Call (855) 870-5858

Other After-Hours Care Options Include

Walk-in Clinics

Urgent Care

Emergency Room



The student is responsible for verifying insurance and network benefits when presenting to a community provider.

Pharmacy

- No onsite pharmacy
- CVS located near campus (West Pensacola Street location)
- Several nearby pharmacy options available
- Some pharmacies offer specific reduced cost medications

Alphameds

487 E Tennessee St # 2, Tallahassee, FL 32301 (850) 942-1992

CVS

882 West Pensacola St, Tallahassee, FL 32304 (850) 841-1049

1819 West Tennessee Street, Tallahassee, FL 32304 (850) 576-0147

1708 North Monroe Street, Tallahassee, FL 32303 (850) 385-6136

1300 Apalachee Parkway, Tallahassee, FL 32301 (850) 877-5168

3035 Apalachee Parkway Tallahassee, FL 32301 (850) 402-4046

Publix

1700 North Monroe St # 852, Tallahassee, FL 32303 (850) 222-1975

101 North Blairstone Road # 101, Tallahassee, FL 32301 (850) 219-6211

800 Ocala Road # 200, Tallahassee, FL 32304 (850) 575-6997

Target

2120 Apalachee Parkway Tallahassee, FL 32301 (850) 671-2041

Walgreens

2009 W Tennessee Street, Tallahassee, FL 32304 (850) 580-1899

414 South Magnolia Drive Tallahassee, FL 32301 (850) 877-3023

Walmart

4400 West Tennessee Street, Tallahassee, FL 32304 (850) 574-4613

3535 Apalachee Pkwy Tallahassee, FL 32311 (850) 656-4593

3221 N Monroe St Tallahassee, FL 32303 (850) 562-2829

Publix offers reduced cost medications*

Walmart offers \$4 prescriptions*

**select medications*





Insurance & Billing

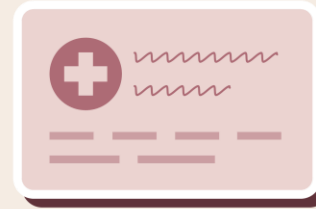
Insurance & Billing

- In-network with a variety of different insurance plans
 - Out-of-network for Avmed & Tricare Prime
- University-sponsored insurance available
 - United Healthcare Student Resources
 - Premium deductible can be paid through financial aid
- Insurance coverage is a requirement for registration
 - Any health insurance will meet the requirement
- PPO vs HMO
 - Bridge of care
- ER care is for true emergencies and not a substitute for primary or specialty healthcare services



Insurance & Billing

In-Network Insurance Plans



➤ **Florida Blue (formerly Blue Cross Blue Shield)**

- Network Blue/Blue Options
- Blue Choice/PPO
- Traditional

➤ **Aetna**

- PPO
- Managed Choice
- HMO
- POS & EPO

➤ **United HealthCare (Student Resources)**

- FSU Sponsored Health Plan
- In-network for all services

➤ **United HealthCare**

- Choice Plus
- PPO & POS

➤ **CIGNA**

- PPO
- OAP (Open Access Plus)

➤ **Humana**

- PPO
- POS
- EPO
- Choice Care Network

➤ **Tricare**

- Select
- Prime (Out-of-Network, Referral from your PCM is required)

➤ **Medicaid (Humana)**

- Healthy Horizons

➤ **Capital Health Plan (CHP) (Out-of-Network for Physical Therapy)**

➤ **United Behavioral Health**

*<https://www.uhcsr.com/glossary>



Insurance & Billing

- The student health fee covers patient financial responsibility associated with most UHS office visits (for example, a medical provider evaluates a sick patient but does not order any tests, procedures or prescriptions)
- Co-pay not collected at time of visit
- All visits, procedures, labs, diagnostic imaging & specialty visits will be billed to insurance carrier
- Outstanding balances post to student account
 - Registration hold applied for following semester



University Health Services Student Insurance Rates 2024/2025

	Domestic Student	International Student
Annual: Aug. 15 – Aug. 14	\$3,086	\$3,135
Fall: Aug. 15 – Dec. 31	\$1,175	\$1,194
Spring/Summer: Jan. 1 – Aug. 14	\$1,911	\$1,941
*Summer: May 10 – Aug. 14	\$880 (2024) \$830 (2025)	\$894 (2024) \$833 (2025)

***Please note that “Summer” coverage is only available to summer admits.**

studentinsurance.fsu.edu



Get Involved

UHS offers several ways for students to become involved.
To learn more, visit uhs.fsu.edu/getinvolved



Tips for First Year Students

- Call or walk in to schedule an appointment. Appointments can also be made online at https://mycw34.eclinicalweb.com/portal3684/jsp/100mp/login_otp.jsp
- Bring your FSU ID and health insurance card with you
- Know your medical (and family) history
 - Allergies and reactions
- Understand your insurance coverage (UHS NPI 1699809236 and Tax ID 59-1961248)
 - Know whether your insurance uses Quest or LabCorp
- Practice regular self-care
 - Bring a “feel better” kit
 - OTC medications, Band-Aids®, thermometer
 - Maintain healthy diet and adequate rest
 - Keep all appointments as scheduled
- Practice navigating the healthcare system independently prior to coming to FSU
 - Make an appointment, pay a co-pay, fill a prescription





uhs.fsu.edu



[@FSUHealth_Services](https://www.facebook.com/FSUHealth_Services)



[@fsu_health](https://www.instagram.com/fsu_health)



**Find us on
myFSU Mobile**





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