



UNIVERSITY HEALTH SERVICES
Orientation 2020

FSU Health & Wellness Center: *Much more than a clinical space*

- Classrooms, auditorium,
Smart device charging stations



Healthcare Transition: *Dependent to Independent*

- Accessing the System
 - When to schedule an appointment
 - How to schedule an appointment
 - Getting there on time
 - Referrals
 - Patient-provider communication
 - Pertinent medical history
 - Allergies
- Insurance
 - Deductibles, co-pays
 - Insurance cards
 - Medical, pharmacy
- Pharmacy and Laboratory Services
 - Where to go
 - Additional Co-pays
- Following Treatment Regimen
 - Taking Medications as prescribed
 - Adhering to rest/activity restrictions, etc.



Disclosure of Personal Health Information

- MUST have [disclosure form](#) signed by student
 - Exceptions:
 - Minors under the age of 18
 - Life-threatening emergencies
 - Student may rescind/modify disclosure form at any time
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- Maintain open channel of communication with your student



THE FLORIDA STATE UNIVERSITY
UNIVERSITY HEALTH SERVICES
HEALTH & WELLNESS CENTER

University Health Services
Florida State University
960 Learning Way
Tallahassee, FL 32306-4178
(850) 644-3608
Fax: (850) 644-8958

Student Name (Printed) _____
Last First MI FSU SN Date of Birth

Patient Disclosure Authorization:

Emergency Contact Name: _____ Relationship to Patient: _____

Address: _____ Phone: (____) _____

Do you want your treatment at University Health Services discussed with this person? Yes ☐ No ☐

The staff members of University Health Services consider all patient information confidential. Please list all individuals with whom we may discuss your medical condition, test results, and/or treatment plan. **This does not include Psychiatry.**

YOU MAY DISCUSS MY TREATMENT AT UNIVERSITY HEALTH SERVICES WITH:

Note: Accepted relationships include immediate family members such as, mother, father, spouse, and children. The Health Center will not honor disclosure for discussion of medical conditions, test results, and/or treatment plan to departments on campus or relationships other than those stated without proper medical release forms on file.


1. _____ Relationship _____

2. _____ Relationship _____


3. _____ Relationship _____

Consent to Treat for Minors

- If the student is under 18, a parent/guardian must sign the "Authorization For Care of Students Under Age 18" statement on the [FSU Immunization Form](#)



FLORIDA STATE UNIVERSITY
Immunization Form



Part A- Print or type. Illegible form will not be processed

LAST NAME: _____ FIRST NAME: _____ DOB: _____

EMPLID: _____ EMAIL: _____ PRIMARY PHONE#: _____

Please list any relevant personal and family medical history: _____

1. Do you have any allergies (including Medications): No ☐ Yes ☐ Please list if yes: _____

REQUIRED AUTHORIZATIONS FOR CARE FOR STUDENTS UNDER THE AGE OF 18: I authorize health center personnel to provide medical and surgical care including examinations, treatment, immunizations and the like for my son/daughter. In the event of serious disease or injury, I understand that all reasonable efforts will be made to contact me but failure to contact will not prevent emergency treatment if necessary to preserve life or health.

2. Signature: _____ Date: _____

3. Measles, Mumps, Rubella (Required) 2 doses of vaccine OR a blood test showing immunity	Dose 1 MM / DD / YR	Dose 2 MM / DD / YR
4. Hepatitis B (Required or Complete Section 6) 3 doses of vaccine OR a blood test showing immunity	Dose 1 MM / DD / YR	Dose 2 MM / DD / YR
5. Meningococcal Meningitis Serogroups (Required or Complete Section 6) 1 dose since age 16, (such as Menactra, Mencevax, Menomune, MCV4, Menveo, and ACYW-135)	Dose 1 MM / DD / YR	Dose 2 MM / DD / YR

6. ***Waiver information:** I have received the required information regarding the risk of acquiring Meningococcal Meningitis and Hepatitis B and the benefits of receiving immunizations to reduce those risks. I also understand that I am required to receive these immunizations or to actively decline the immunizations by checking the boxes and signing below. I understand that I may decline either or both immunizations and that declining these vaccines now does not mean I may not receive them in the future.

☐ Meningitis Waiver ☐ Hepatitis B Waiver Patient Signature: _____ Date: _____

Meningitis B (Optional) Please circle type of vaccine (Bexsero or Trumenba)

7. Meningitis B Dose 1 MM / DD / YR	Meningitis B Dose 2 MM / DD / YR	Meningitis B Dose 3 MM / DD / YR
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8. Tetanus-Diphtheria and Pertussis (Tdap) (Optional) (Required for NCAA Athletes)
Incoming students should have one Tdap booster at 11 years of age or older.

Tdap MM / DD / YR

9. Tetanus-Diphtheria (Td) (Optional)

Td MM / DD / YR

This section to be completed by your healthcare provider

Authorization and additional comments:
The immunizations dates and any statement of contraindications to immunizations entered on this document are, as of the date signed, verified by my signature below. Additional comments: _____

10. Clinician OR Records Custodian Name _____

Clinician OR Records Custodian Signature _____ DATE _____ OFFICE STAMP _____

Once Completed: You may submit this form to the Health Compliance Office in one of the following ways:
Email: healthcompliance@fsu.edu Please be aware that email sent over the Internet is not considered secure. FSU shall not liable for any breach of confidentiality resulting from this form of communication.
Fax: 850-644-8958
Mail: 960 Learning Way, Tallahassee, FL 32306-4178
FSU Dropbox: <https://dropbox.fsu.edu>
In person: You may also drop off your forms in person to the Health Compliance office at UHS during regular business hours <http://uhs.fsu.edu/about/contact-us> at 960 Learning Way.

Rev 2/18

Hours of Operation

- Monday through Friday
- Appointments available 8:00AM – 4:00PM
 - Appointment-based system
 - Call or walk in to schedule an appointment.Appointments can also be made online at [MyHealth.uhs.fsu.edu](https://myhealth.uhs.fsu.edu)
- Staffing available until 5:00PM





TELEHEALTH

NOW AVAILABLE

Call 850.644.4567

After-hours System of Care

uhs.fsu.edu/health-care/after-hours-care



Talk to a doctor or therapist by phone or video with [HealthiestYou](#).

HealthiestYou provides 24/7 access to doctors and mental healthcare.

Download the App – [iOS](#) – [Google Play](#)

Call (855) 870-5858

Other After-Hours Care Options Include

Walk-in Clinics

Urgent Care

Emergency Room

The student is responsible for verifying insurance and networks benefits when presenting to a community provider.

Returning Patients Can Access the PATIENT PORTAL

Get lab results



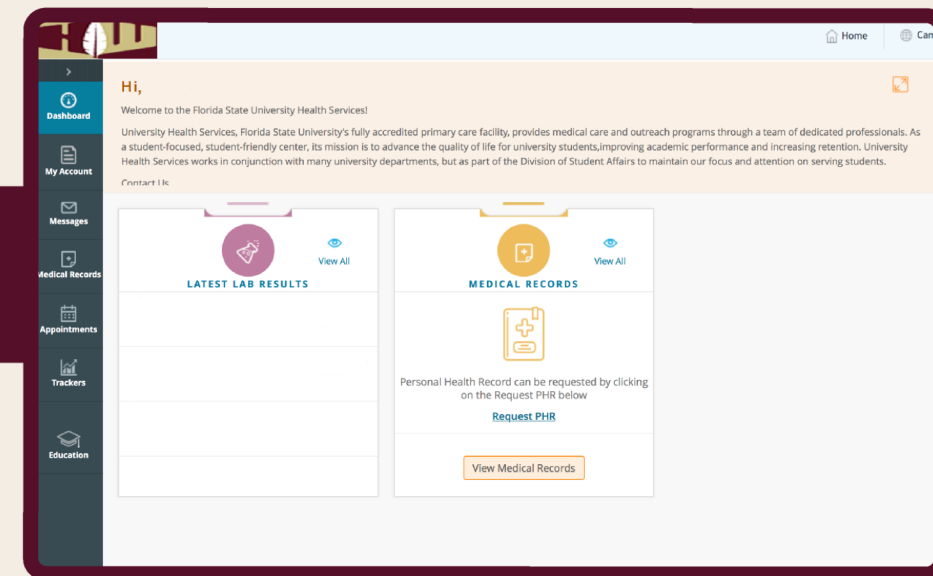
Request medication refills



Communicate with us



View current, future and
past appointments



All patients will be web-enabled at the
time of their first visit to University
Health Services.

Pharmacy

- No onsite pharmacy
- CVS located near campus (West Pensacola Street location)
- Several nearby pharmacy options available
- Some pharmacies offer specific free and/or reduced cost medications



Alphameds

487 E Tennessee St # 2, Tallahassee, FL 32301 (850) 942-1992

CVS

882 West Pensacola St, Tallahassee, FL 32304 (850) 841-1049

1819 West Tennessee Street, Tallahassee, FL 32304 (850) 576-0147

1708 North Monroe Street, Tallahassee, FL 32303 (850) 385-6136

1300 Apalachee Parkway, Tallahassee, FL 32301 (850) 877-5168

3035 Apalachee Parkway Tallahassee, FL 32301 (850) 402-4046

Publix

1700 North Monroe St # 852, Tallahassee, FL 32303 (850) 222-1975

101 North Blairstone Road # 101, Tallahassee, FL 32301 (850) 219-6211

800 Ocala Road # 200, Tallahassee, FL 32304 (850) 575-6997

Target

2120 Apalachee Parkway Tallahassee, FL 32301 (850) 671-2041

Walgreens

2009 W Tennessee Street, Tallahassee, FL 32304 (850) 580-1899

414 South Magnolia Drive Tallahassee, FL 32301 (850) 877-3023

Walmart

4400 West Tennessee Street, Tallahassee, FL 32304 (850) 574-4613

3535 Apalachee Pkwy Tallahassee, FL 32311 (850) 656-4593

3221 N Monroe St Tallahassee, FL 32303 (850) 562-2829

Publix offers a free medication program*

Walmart offers \$4 prescriptions*

**select medications*



Services Offered

First Floor

- Admission Health Requirements
- Triage
- Priority Clinic
- Allergy Clinic
- Medical Response Unit
- Diagnostic Imaging
- Quest Diagnostics Lab



Second Floor

- Fitness and Movement Clinic
- Physical Therapy



Third Floor

- Morgan Dental
- Wellness Sport & Spine



Fourth Floor

- Center for Health Advocacy and Wellness (CHAW)
- Primary Care
- Fast Track Clinic
- Travel Clinic



Fifth Floor

- Administrative Offices
- Billing Office
- Medical Records
- Women's Clinic
- Psychiatry Clinic
- Referrals Department
- Course Drop and Withdrawals



Chronic Conditions & Special Circumstances

➤ Major life transition

- Relocation
- Expanded social opportunities
- Increased academic stress

➤ Stable vs. unstable

- Life-work-play balance
- Self-monitoring
- Coping skills

➤ Specialty Providers

- Maintain vs re-establish care

➤ Context of Care

- Send pertinent records ahead of time
- Treatment summary letter

➤ Medic alert bracelets

- Anaphylaxis, Diabetes Mellitus, etc.



Insurance & Billing

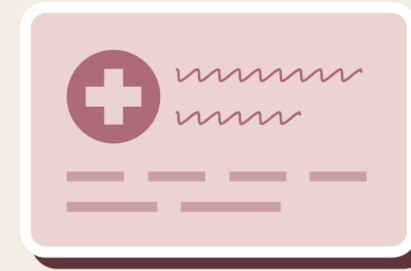
Insurance & Billing

- In-network with a variety of different insurance plans
 - Out-of-network for Avmed, Tricare Prime, and Medicaid
- University-sponsored insurance available
 - United Healthcare Student Resources
 - Premium deductible through financial aid
- Insurance coverage a requirement for registration
 - Any medical insurance will meet the requirement
- PPO vs HMO
 - Bridge of care
- ER care is for true emergencies and not a substitute for primary or specialty healthcare services



Insurance & Billing

In-Network Insurance Plans



- **Florida Blue (formerly Blue Cross Blue Shield)**
 - Network Blue/Blue Options
 - Blue Choice/PPO
 - Traditional
- **Aetna**
 - PPO
 - Managed Choice (POS)
 - HMO
- **United HealthCare**
 - Choice Plus
 - PPO & POS
- **CIGNA**
 - PPO
 - OAP (Open Access Plus)
- **Humana (Out-of-Network for Psychiatry and Physical Therapy)**
 - PPO
 - POS
- **Tricare (Out-of-Network for Psychiatry)**
 - Select
 - Prime (Out-of-Network, Referral from your PCM is required)
- **Capital Health Plan (CHP) (Out-of-Network for Physical Therapy)**
- **United Behavioral Health**

Insurance & Billing

- Routine face-to-face visits with a general medical clinician are covered under student health fee if not paid by insurance
- Co-pay not collected at time of visit
- All visits, procedures, labs, diagnostic imaging & specialty visits will be billed to insurance carrier
- Outstanding balances post to student account
 - Registration hold applied for following semester

University Health Services Student Insurance Rates 2020/2021

	Domestic Student	International Student
Annual: Aug. 15 – Aug. 14	\$2,786	\$2,832
Fall: Aug. 15 – Dec. 31	\$1,061	\$1,708
Spring/Summer: Jan. 1 – Aug. 14	\$1,725	\$1,754
*Summer: May 10 – Aug. 14		

*Please note that “Summer” coverage is only available to summer admits.

studentinsurance.fsu.edu

The UHS logo is a large, white, stylized emblem centered in the background. It features a central vertical element resembling a stylized 'H' or a pair of wings, flanked by symmetrical, rounded shapes that suggest a shield or a pair of hands. The entire logo is set against a light purple background.

UHS and COVID-19

Several light purple hexagons of varying sizes are scattered across the background, adding a geometric design element to the slide.



UHS Works to Support the University-Wide *Stay Healthy FSU* Initiative

Stay Healthy FSU aims to remind all members of the FSU Community to abide by recommended social distancing, face-covering, and hygiene practices in an effort to “Stop the Spread” of COVID-19.



**Wear a face-covering
when indoors**



**Stay 6 feet away
from others**



**Wash your hands
frequently**



**Monitor you
symptoms**



**Disinfect frequently-
touched surfaces**

Testing



*Call UHS at **850.644.4567** if you are experiencing symptoms or are concerned about possible direct exposure.*

UHS Facility Entry Screening

- For the safety of our students, staff, and visitors, University Health Services has implemented new screening measures that precede entry into our facilities.
 - Visitors will be asked screening questions and temperatures will be taken
 - Face coverings must be worn inside



Tips for First Year Students

- Call or walk in to schedule an appointment. Appointments can also be made online at **MyHealth.uhs.fsu.edu**
- Bring your FSU ID and health insurance card with you
 - Have picture of front and back of card
- Know your medical (and family) history
 - Allergies and reactions
- Understand your insurance coverage
 - Know whether your insurance uses Quest or LabCorp
- Practice regular self-care
 - Bring a “feel better” kit
 - OTC medications, Band-Aids®, thermometer
 - Maintain healthy diet and adequate rest
 - Keep all appointments as scheduled
- Practice navigating the healthcare system independently prior to coming to FSU
 - Make an appointment, pay a co-pay, fill a prescription



uhs.fsu.edu



[@FSUHealth_Services](https://www.facebook.com/FSUHealth_Services)



[@fsu_health](https://www.instagram.com/fsu_health)



[@fsu_health](https://twitter.com/fsu_health)



**Find us on
myFSU Mobile**



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